



Devotion Guidelines:

1. Keep it short and interactive
2. Read the Scripture passage together with each person reading a verse
3. Ask questions about each verse
4. Ask each child how they will apply what they have learned from the verses. (Even your young children) You, as a parent, also share what you will apply. Remember that Bible study is for application and transformation not just for information.)
5. Pray together as a family (You and your children can take turns praying)
  - For each other's requests
  - To ask for God's help to apply what you have learned

### Read Together:

**Galatians 6:7-8** Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.

**Philippians 4:13** I can do all things through Him who strengthens me.

### Talk Together:

1. What do you think are some things that can addict us? What are you addicted to?
2. In Galatians 6:8, what will you reap if you live to satisfy your flesh through addictions?
3. Look up the word destruction. What does it mean? In what ways, can addictions destroy you?
4. According to Galatians 6:8, why live to satisfy the Spirit?
5. According to Philippians 4:13, how can we live to please God?

### Conviction:

“I will not be mastered by anything.” - 1 Corinthians 6:12

### Application:

How will you apply this lesson to your life?

### Pray Together:

Dear Lord, guard our hearts and minds from things and activities that can become addictive. Help us to sow to the Spirit and not to the flesh. In Jesus' name, Amen.



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